

JENN-AIR® Microwave Hood Combination Model JMV8208

Quick Reference Guide

POPCORN (sensor)

Senses 3.0-3.5 oz (85-99 g) size bags:

Place bag on turntable. Listen for popping to slow to 1 pop every 1 or 2 seconds, then stop the cycle.

POTATO (sensor)

Senses 1-4 potatoes, 10-13 oz (283-369 g) each, similar in size:

Pierce each potato several times with a fork. Place on paper towel, around turntable edges, at least 1" (2.5 cm) apart. Place single potato to the side of the turntable. Let stand 5 minutes after cooking.

MENU PROGRAMS: Touch the menu control. Use control arrows to scroll through program options, then touch SELECT control. Follow display prompts to select submenu items and/or amounts, and then start the program.

VEGETABLE

- 1 Canned Vegetable** – 8, 14, 16 or 32 oz (227, 397, 454 or 907 g):
Place in microwave-safe container. Cover with plastic wrap, and vent. Stir and let stand 2-3 minutes after cooking.
- 2 Fresh Vegetable** – Senses 1-4 cups (250 mL-1 L):
Place in microwave-safe container. Add 2-4 tbs (30-60 mL) water. Cover with plastic wrap, and vent. Stir and let stand 2-3 minutes after cooking.
- 3 Frozen Vegetable** – Senses 1-4 cups (250 mL-1 L):
Remove from package. Place in microwave-safe container. Add 2-4 tbs (30-60 mL) water. Cover with plastic wrap, and vent. Stir and let stand 2-3 minutes after cooking.

REHEAT

- 1 Beverage** – 1 or 2 cups, 8 oz (250 mL) each:
Do not cover. The diameter of the cup's opening will affect how the liquid heats. Beverages in cups with smaller openings may heat faster.
- 2 Casserole** – 1, 2, 3 or 4 cups (250, 500, 750 mL or 1 L):
Place in microwave-safe container and cover with plastic wrap. Stir and let stand 2-3 minutes after reheating.
- 3 Meal** – Senses 1 plate, about 8-16 oz (227-454 g):
Place food on microwave-safe plate, cover with plastic wrap, and vent.
- 4 Pizza** – 1, 2 or 3 slices, 4 oz (113 g) each:
Place on paper towel lined paper plate.
- 5 Sauce** – Senses 1-4 cups (250 mL-1 L):
Place in microwave-safe container and cover with plastic wrap. Stir and let stand 2-3 minutes after reheating.
- 6 Soup** – Senses 1-4 cups (250 mL-1 L):
Place in microwave-safe container and cover with plastic wrap. Stir and let stand 2-3 minutes after reheating.
- 7 Rolls/Muffins:** Place on paper towel. Two small rolls may be counted as 1 piece.
 - Fresh – 1, 2, 3, 4, 5 or 6 pieces, 2 oz (57 g) each
 - Frozen – 1, 2, 3, 4, 5 or 6 pieces, 2 oz (57 g) each
- 8 Manual Reheat:** Enter Reheat time, up to 99:59.

FROZEN ENTRÉE (sensor and non-sensor):

 Enter ounces.

Senses 10 or 20 oz (283 or 567 g), or cooks 40 or 60 oz (1134 or 1701 g) (non-sensor):

Remove from package. Loosen cover on 3 sides. If entrée is not in microwave-safe container, place on plate, cover with plastic wrap, and vent.

DEFROST

- 1 Meat** – 0.1 to 6.5 lbs (45 g to 3 kg):
Remove wrap and place in microwave-safe dish. Do not cover.
- 2 Poultry** – 0.1 to 6.5 lbs (45 g to 3 kg):
Remove wrap and place breast side up in microwave-safe dish. Do not cover.
- 3 Fish/Seafood** – 0.1 to 4.5 lbs (45 g to 2 kg):
Remove wrap and place in microwave-safe dish. Do not cover.
- 4 Bread** – 0.1 to 2.0 lbs (45 to 907 g):
Remove wrap and place in microwave-safe dish. Do not cover.

SOFTEN/MELT

- 1 Soften Butter/Margarine** – 0.5, 1.0, 1.5 or 2.0 sticks:
Unwrap and place in microwave-safe dish.
- 2 Soften Caramel Dip** – 16 oz (454 g):
Remove lid from container or place in microwave-safe dish.
- 3 Soften Cream Cheese** – 3 or 8 oz (85 or 227 g):
Unwrap and place in microwave-safe dish.
- 4 Soften Frozen Juice** – 12 oz (340 g):
Remove lid from container.
- 5 Soften Ice Cream** – 16, 32 or 64 oz (473, 946 or 1893 mL):
Place ice cream container on turntable.
- 6 Manual Soften:** Enter Soften time, up to 99:59.
- 7 Melt Butter/Margarine** – 0.5, 1.0, 1.5 or 2.0 sticks:
Unwrap and place in microwave-safe dish.
- 8 Melt Caramel** – 11 oz (312 g):
Unwrap and place in microwave-safe dish.
- 9 Melt Cheese** – 8 or 16 oz (227 or 454 g):
Place in microwave-safe dish. Stir at signal.
- 10 Melt Chocolate** – 1 to 12 oz (28 to 340 g):
Place in microwave-safe dish.
- 11 Melt Marshmallows** – 5 or 10 oz (142 or 283 g):
Place in microwave-safe dish.
- 12 Manual Melt:** Enter Melt time, up to 99:59.

COOK

1 Eggs

- Poached Eggs – 1, 2, 3 or 4 eggs:
Add 2 tbs water to each cup for each egg. Place cups with water on the turntable, and start the cycle. At signal, add egg to each cup, pierce yolk(s), and cover.
- Scrambled Eggs – 1, 2, 3 or 4 eggs:
Add 1 tbs water per egg. Mix egg(s) and water together and place in microwave-safe container with high sides. Cover with plastic wrap.

2 Frozen Meals

- Frozen Burrito – 1 or 2 pieces:
Place on microwave-safe plate.
- Frozen Snack Pocket – 1 or 2 servings:
Follow directions on package.

3 Hot Cereal/Oatmeal: Follow directions on package. use microwave-safe bowl with high sides.

- Instant Hot Cereal/Oatmeal – 1, 2, 3 or 4 servings
- Regular Oatmeal – 1, 2, 3 or 4 servings
- Quick Grits – 1, 2, 3 or 4 servings
- Regular Grits – 1, 2, 3 or 4 servings
- Hot Wheat – 1, 2, 3 or 4 servings

4 Meat/Poultry

- Chicken/Bone-in – 0.5 to 3.5 lbs:
Use microwave-safe container. Add 2 tbs water, cover with plastic wrap, and vent.
- Chicken/Boneless – 0.2 to 2.0 lbs:
Use microwave-safe container. Add 2 tbs water, cover with plastic wrap, and vent.
- Ground Beef – 0.5, 1.0, 1.5, or 2.0 lbs:
Break into pieces, and place in microwave-safe bowl. Cover with plastic wrap. Stir at signal.
- Ground Poultry – 0.5, 1.0, 1.5, or 2.0 lbs:
Break into pieces, and place in microwave-safe bowl. Cover with plastic wrap. Stir at signal.
- Hot Dog – 1, 2, 3 or 4 servings:
Pierce skin with fork. Place on microwave-safe plate.

KIDS MENU

1 Reheat Pasta – 1-4 servings:

Place in microwave-safe container, and cover with plastic wrap. Stir, and let stand 2-3 minutes after heating.

2 Frozen Pancakes – 1, 2 or 3 pancakes:

Place on paper towel lined microwave-safe plate.

3 Frozen Meal – 8, 9 or 10 oz (227, 255 or 283 g):

Follow directions on package.

4 Oatmeal – 1 or 2 servings:

Follow directions on package. Use microwave-safe bowl with high sides.

5 Chicken Tenders – 1 or 2 servings (about 5-6 pieces each):

Place in single layer on paper towel-lined microwave-safe plate.



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